

Suggested Reading List - for Those Who Have Lost a Child

“After Miscarriage: A Catholic Woman’s Companion to Healing and Hope” Karen Edmisten

“An Empty Cradle, A Full Heart,” Christine O’Keefe Lafser 100+ short meditations

“Arise From Darkness – What To Do When Life Doesn’t Make Sense,” Fr. Benedict Groeschel – Ignatius Press. Thoughts and prayers for many of life’s trials, including death.

“Fertility Challenges From a Catholic Perspective,” Bernadette Zambri

“Footprints on our Hearts: How to Cope After a Miscarriage, Stillbirth or Newborn Death,” Paraclete Video Productions – 60 minute DVD

“Letters to Gabriel: The True Story of Gabriel M. Santorum,” Karen G. Santorum. Story of a child’s brief life set against the backdrop of the fight for pro-life legislation.

“Life-Giving Love – Embracing God’s Beautiful Design for Marriage,” Kimberly Hahn. Contains an excellent chapter on miscarriage and stillbirth.

“Mourning a Miscarriage”, “Suffering a Stillbirth or Newborn Death” from Elizabeth Ministries – booklets of prayers

Mulieris Dignitatum – Apostolic Letter on the Dignity and Vocation of Women, St. Pope John Paul II. Beautiful insights on the gifts of femininity, fertility, love, marriage, and more.

Our Babies are Safe With God: An Examination of the Limbo Question, Bernadette Zambri.

Stumbling Blocks or Stepping Stones, Fr. Benedict Groeschel-Paulist Press. Words of wisdom on keeping life’s trials in proper perspective.

Thy Will be Done- Letters to Persons in the World, St. Francis de Sales – Sophia Institute Press. Contains several letters to friends facing the death of a child.

Prayer Resources for Children

“Sometimes Life is Just Not Fair” Fr. Joe Kempf – young children dealing with grief

“A Bunch of Balloons” Dorothy Ferguson – ages 5-9 focusing on what’s left, not just loss

“A Child Remembers” Enid Traisman – ages 8-12 grieving death of a loved one, area for writing about the person, favorite stories, art pages, etc.

“Children Grieve Too” Joy & Dr. Marvin Johnson – info for those working with grieving children from infancy to teen